



SHABBAT EVENING SERVICES

קבלת שבת - KABBALAT SHABBAT

Hinei Mah Tov - הנה מה טוב

הנה מה טוב ומה נעים שבת אחים גם יחד.

Hineih Mah Tov U'Mah Na-im, Shevet Achim Gam Yachad.

How good and how pleasant it is that brothers and sisters dwell together.

Mah Gadlu-Hal'luyah - מה גדלו-הללויה

מה גדלו מעשיך יה, מאד עמקו מחשבתך. הללויה.

Mah Gadlu Maasecha Adonai, M'od Amku Machsh'votecha. Hal'luyah.

How great are Your works, Adonai, how very profound Your designs! Hal'luyah.

Blessing over the Shabbat Candles - ברכת נרות שבת

As these Shabbat candles give light to all who behold them, so may we, by our lives, give light to all those who behold us.

As their brightness reminds us of the generations of Israel who have kindled light, so may we, in our own day, be among those who kindle light.

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של שבת.

Baruch Atah Adonai Eloheinu Melech HaOlam, Asher Kidshanu B'Mitzvotav V'Tzivanu, L'hadlik Ner Shel Shabbat.

Blessed are You, Adonai our God, Ruler of the Universe, who makes us holy with commandments, and commands us to kindle the lights of Shabbat.

Artwork: COMMUNITY Artist: David Ascalon, 2019 Location: Schaefer Family Campus, Living Room Gathering Places Dedicated by: Myrna Skurnick





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Kiddush - קידוש

The heaven and the earth were finished, and all their array. On the seventh day God finished the work that God had been doing, and God ceased on the seventh day from all the work that God had done. And God blessed the seventh day and declared it holy, because on it God ceased from all the work of creation that God had done.

ברוך אתה יי אלהינו מלך העולם, בורא פרי הגפן.
ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו ורצה בנו, ושבת קדשו
באהבה וברצון הנחילנו זכרון למעשה בראשית, כי הוא יום תחלה למקראי קדש,
זכר ליציאת מצרים, כי בנו בחרת ואותנו קדשת מכל העמים, ושבת קדשך באהבה
וברצון הנחלתנו. ברוך אתה יי, מקדש השבת.

*Baruch Atah Adonai, Eloheinu Melech HaOlam, Boreh P'ri HaGafen.
Baruch Atah Adonai, Eloheinu Melech HaOlam, Asher Kidshanu B'Mitzvotav V'Ratza Vanu.
V'Shabbat Kodsho, B'Ahava U'V'Ratzon Hinchilanu Zikaron L'Ma-aseh V'Reishit. Ki Hu Yom T'chilah,
L'Mikra-ei Kodesh, Zecher L'Tzi-at Mitzrayim. Ki Vanu Vacharta, V'Otanu Kidashta, Mi Kol Ha'amim,
V'Shabbat Kodshecha, B'Ahava U'V'Ratzon Hinchaltanu. Baruch Atah Adonai, M'kadesh HaShabbat.*

Blessed are You, Adonai our God, Ruler of the Universe, Creator of the fruit of the vine.
Blessed are You, Adonai our God, Ruler of the Universe, who made us holy with commandments,
took pleasure in us, and with love and favor, gave us the holy Shabbat as a heritage, a
remembrance of Creation. For that day is primary among our sacred days, a reminder of the
Exodus from Egypt. For you chose us and sanctified us from among all the nations. And your
holy Shabbat, with love and favor, did you give to us as a heritage. Blessed are You, Adonai, who
makes holy the Shabbat day.



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Shalom Aleichem - שלום עליכם

שְׁלוֹם עָלֵיכֶם מַלְאָכֵי הַשָּׁרֵת מַלְאָכֵי עֲלִיוֹן
מִמְלַךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא.

בּוֹאֲכֶם לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן
מִמְלַךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא.

בְּרַכּוּנֵי לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן
מִמְלַךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא.

צִאֲתְכֶם לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן
מִמְלַךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא.

*Shalom Aleichem, Malachei HaShareit, Malachei Elyon,
MiMelech Mal'chei Hamlachim, HaKadosh Baruch Hu.*

*Bo-achem L'Shalom, Malachei HaShalom, Malachei Elyon,
MiMelech Mal'chei Hamlachim, HaKadosh Baruch Hu.*

*Bar'chuni L'Shalom, Malachei HaShalom, Malachei Elyon,
MiMelech Mal'chei Hamlachim, HaKadosh Baruch Hu.*

*Tzeit'chem L'Shalom, Malachei HaShalom, Malachei Elyon,
MiMelech Mal'chei Hamlachim, HaKadosh Baruch Hu.*

Peace be to you, O ministering angels, messengers of the Most High,
Majesty of Majesties, Holy One of Blessing.

Enter in peace, O messengers of peace, messengers of the Most High,
Majesty of Majesties, Holy One of Blessing.

Bless me in peace, O messengers of peace, messengers of the Most High,
Majesty of Majesties, Holy One of Blessing.

Depart in peace, O messengers of peace, messengers of the Most High,
Majesty of Majesties, Holy One of Blessing.

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L'Cha Dodi - לכה דודי

לכה דודי לקראת פלה. פני שבת נקבלה.

L'cha Dodi LiKrat Kallah P'nei Shabbat N'Kab'lah.

Come my beloved to greet the bride -- Let us welcome the Shabbat presence.

שָׁמֹר וְזָכוֹר בְּדַבּוּר אֶחָד, הַשְּׁמִיעֵנוּ אֵל הַמִּיחָד. יְיָ אֶחָד וְשִׁמוֹ אֶחָד. לְשֵׁם וּלְתַפְאֶרֶת
וּלְתִהְיֶה. לכה...

*Shamor V'Zachor B'Dibur Echad, Hish'mi-anu El Ha-M'yuchad. Adonai Echad U'Sh'mo Echad. L'Shem
U-L'Tiferet V'Lit-hilah. L'cha...*

"Guard" and "Remember" -- in a single utterance the One and Only God made us hear. Adonai is One and
God's name is One, for renown, for splendor, and for praise.

לְקִרְאָת שַׁבָּת לְכוּ וְנִלְכָה. כִּי הִיא מְקוֹר הַבְּרָכָה. מֵרֵאשׁ מְקֻדָּם נְסוּכָה. סוּף מַעֲשֵׂה
בְּמַחְשָׁבָה תִּחְלָה. לכה...

*Likrat Shabbat L'chu V'Nelcha. Ki Hi M'kor Ha-Brachah. Mei-Rosh MiKedem N'sucha. Sof Ma'aseh
B'Machashava T'chilah. L'cha...*

Come let us go to welcome the Shabbat, for it is the source of blessing. From the beginning, from
antiquity she was honored: last in deed but first in thought.

הִתְעוֹרְרִי הִתְעוֹרְרִי. כִּי בָּא אֹרֶךְ קוֹמֵי אֹרִי. עוֹרֵי עוֹרֵי שִׁיר דַּבְּרִי. כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.
לכה...

Hitor'ri, Hitor'ri. Ki Va Orech Kumi Ori. Uri, Uri, Shir Dabeiri. K'vod Adonai Alayich Niglah. L'cha...

Wake up! Wake up! For your light has come, rise up and shine;
Awaken, awaken, utter a song. The glory of God is revealed upon you.

בּוֹאִי בְּשָׁלוֹם עֶטְרַת בַּעֲלָה. גַּם בְּשִׂמְחָה וּבְצִהְלָה. תּוֹךְ אֱמוּנֵי עַם סִגְלָה. בּוֹאִי כְלָה,
בּוֹאִי כְלָה. לכה...

*Bo-i V'Shalom Ateret Ba'alah. Gam B'simchah U-V'Tzoholah. Toch Emunei Am Segulah. Bo-i Chalah,
Bo-i Chalah.*

Enter in peace, O crown of her mate. Even in celebration and good cheer. Among the faithful of the
treasured nation, Enter, O Bride! Enter, O Bride!

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שמע וברכותיה - SH'MA AND ITS BLESSINGS

ברכו - Bar'chu

בְּרַחוּ אֶת יְיָ הַמְּבָרָךְ.

Bar'chu Et Adonai, HaM'vorach.
Bless Adonai, The Blessed One.

בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Baruch Adonai HaM'vorach L'Olam Va-ed.
Blessed is Adonai, The Blessed One, forever and ever.

מעריב ערבים - Maariv Aravim

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בְּדַבְרוֹ מַעְרִיב עֲרָבִים, בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים, וּבְתַבּוּנָה מְשַׁנֶּה עֵתִים, וּמַחְלִיף אֶת הַזְּמַנִּים, וּמַסְדֵּר אֶת הַכּוֹכָבִים, בְּמִשְׁמְרוֹתֵיהֶם בְּרַקִּיעַ כְּרָצוֹנוֹ. בּוֹרֵא יוֹם וְלַיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ, וְחֹשֶׁךְ מִפְּנֵי אוֹר. וּמַעְבִּיר יוֹם וּמַבְיֵא לַיְלָה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה, יְיָ צְבָאוֹת שְׁמוֹ. אֵל חַי וְקַיִם, תָּמִיד יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בָּרוּךְ אַתָּה יְיָ, הַמַּעְרִיב עֲרָבִים.

Baruch Atah Adonai Eloheinu Melech HaOlam, Asher BiD'varo Ma'ariv Aravim. B'Chochmah Poteach Sh'arim, U-Vitvuna M'shaneh Itim, U'Machalif Et Ha-Z'manim, U-M'sader, Et Ha Kochavim B'Mish-m'roteihem Ba-Rakia Kirtzono. Borei Yom VaLailah, Golel Or Mipnei Choshech, V'Choshech Mipnei Or. U'Ma-avir Yom U'Meivi Lailah, U'Mavdil Bein Yom U'vein Lailah Adonai Tzeva'ot Sh'mo. El Chai V'Kayam Tamid Yimloch Aleinu L'Olam Va-ed. Baruch Atah Adonai, Ha-Ma'ariv Aravim.

Blessed are You, Adonai our God, Ruler of the Universe, whose word brings on the evening. Your wisdom opens heaven's gates; Your understanding makes the ages pass and the seasons alternate; and Your will controls the stars as they travel through the skies. You are the Creator of day and night, rolling light away from darkness, and darkness from light; You cause day to pass and bring on the night; You set day and night apart: You are the God of Hosts. May the living and eternal God rule us always to the end of time.
Blessed are You, Adonai, whose word makes evening fall.



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Ahavat Olam - אהבת עולם

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל עִמָּךְ אֶהְבֶּתָּ, תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים, אוֹתָנוּ לְמַדְתָּ
עַל כֵּן יְיָ אֱלֹהֵינוּ, בְּשִׂכְבְּנוּ וּבְקוּמֵנוּ נִשְׁיחַ בְּחֻקֶיךָ, וְנִשְׂמַח בְּדַבְרֵי תוֹרָתְךָ וּבְמִצְוֹתֶיךָ
לְעוֹלָם וָעֶד. כִּי הֵם תַּיִינוּ וְאַרְךְ יָמֵינוּ, וּבָהֶם נִהְגֶה יוֹמָם וְלַיְלָה, וְאַהֲבַתְךָ אֵל תִּסִּיר
מִמֶּנּוּ לְעוֹלָמִים. בָּרוּךְ אַתָּה יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל:

Ahavat Olam Beit Yisrael Amcha Ahavta. Torah U'Mitzvot, Chukim U'Mishpatim, Otanu Limad'ta. Al Ken Adonai Eloheinu B'Shochveinu U-V'kumeinu Nasi-ach B'Chukecha, V'Nismach B'Divrei Torat-cha U-V'Mitzvotcha L'Olam Va-ed. Ki Hem Chayeinu V'Orech Yameinu, U'Vaheh Neh-geh Yomam VaLailah. V'Ahavatcha Al Tasir Mimenu L'Olamim. Baruch Atah Adonai, Ohev Amo Yisrael.

Unending is Your love for Your people, the House of Israel: Torah and Mitzvot, laws and precepts have You taught us. Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and rejoice in Your Torah and Mitzvot forever. Day and night we will reflect on them, for they are our life and the length of our days. Then Your love shall never depart from our hearts! Blessed is Adonai, who loves the people Israel.

Sh'ma - שמע

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.
Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.
HEAR O ISRAEL: ADONAI IS OUR GOD, ADONAI IS ONE!

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.
Baruch Shem K'vod Malchuto L'Olam Va-ed.
Blessed is God's glorious reign forever and ever.





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V'Ahavta – ואהבת

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ.
וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֶנְכִי מְצַוְּךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשָׁנַנְתָּם לְבְנֶיךָ, וְדַבַּרְתָּ בָם
בְּשַׁבְתְּךָ בְּבֵיתְךָ, וּבְלַכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְךָ, וּבְקוּמְךָ. וְקִשְׂרָתָם לְאוֹת עַל-יָדְךָ, וְהָיוּ
לְטֹטְפוֹת בֵּין עֵינֶיךָ, וְכִתְבָתָם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.

*V'Ahavta Et Adonai Elohecha B'chol L'vav-cha, U-V'chol Nafshecha, U-V'chol M'odecha. V'hayu
HaD'varim HaEleh Asher Anochi M'Tzavcha Hayom Al L'vavecha. V'Shinantam L'Vanecha V'Dibarta
Bam. B'Shivt'cha B'Veitecha U-V'lecht'cha VaDerech U-V'Shochb'cha U-V'Kumecha. U-K'shartam
L'ot Al Yadecha, V'Hayu L'Totafot Bein Einecha. U'Chtavtam Al Mezuzot Beitecha U-Vish'arecha.*

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי, וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם,
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהִיוֹת לָכֶם לֵאלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם.

*L'ma-an Tizk'ru V'Asitem Et Kol Mitzvotai, V-Hi'yitem K'doshim Leiloheichem. Ani Adonai Eloheichem
Asher Hotzeiti Etchem M'Eretz Mitzrayim, Lih'yot Lachem Leilohim. Ani Adonai Eloheichem.*

And you shall love Adonai, your God, with all your heart, with all your soul, and with all your
might. And these words which I command you on this day, shall be in your heart. And you shall
teach them diligently to your children. And you shall speak of them when you sit in your house,
when you walk by the way, and when you lie down. And when you rise up. And you shall bind
them for a sign upon your hand. And they shall be for frontlets between your eyes. And you
shall write them on the doorposts of your house, and upon your gates.

That you may remember, and do all my commandments, and be holy unto your God. I, Adonai,
am your God, who led you out of the land of Egypt to be your God. I, Adonai, am your God.





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Mi Chamocha - מי כמוך

מי כְּמוֹכָה בְּאֱלֹהִים יְיָ, מִי כְּמוֹכָה נֶאֱדָר בְּקֹדֶשׁ, נוֹרָא תְהִילֹת, עֲשֵׂה פֶלֶא: מְלֻכּוֹתֶיךָ רָאוּ בְנֵיךָ, בּוֹקֵעַ יָם לְפָנֵי מֹשֶׁה וּמִרְיָם, "זֶה אֱלֹהֵינוּ" עָנוּ וְאָמְרוּ: יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד. וְנֶאֱמַר: כִּי פָדָה יְיָ אֶת יַעֲקֹב, וּגְאָלוֹ מִיַּד חֲזָק מִמֶּנּוּ. בְּרוּךְ אַתָּה יְיָ, גֹּאֵל יִשְׂרָאֵל.

Mi Chamocha Ba-Elim Adonai? Mi Kamocha Ne'edar Ba-Kodesh? Nora T'hilot Oseh Feleh? Malchut'cha Ra-u Vanecha Boke-a Yam Lifnei Moshe, "Zeh Eli" Anu V'Amru: Adonai Yimloch L'Olam Va-ed. V'Ne-emar Ki Fadach Adonai Et Ya'akov, U-Gealo MiYad Chazak MiMenu. Baruch Atah Adonai, Ga'al Yisrael.

Who is like You among the gods who are worshipped, Adonai? Who is like you, majestic in holiness, worthy of awesome praise, doing wonders? Your children witnessed Your reign when You split the sea before Moses. "This is my God!" they exclaimed and said: "Adonai will reign for ever and ever." And it has been said, "For Adonai has rescued Jacob from a power mightier than he." Blessed are You, Adonai, who redeemed Israel.

Hashkiveinu - השכיבנו

הַשְּׁכִיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ שׁוֹמְרֵנוּ לְחַיִּים, וּפְרוֹשׁ עָלֵינוּ סֶפֶת שְׁלוֹמֶיךָ, וְתִקְנֵנוּ בְּעֶצֶה טוֹבָה מִלְּפָנֶיךָ, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶיךָ. וְהִגּוּ בְעַדְנוּ, וְהִסֵּר מֵעָלֵינוּ אוֹיֵב, דָּבָר, וְחָרֵב, וְרָעַב, וְיָגוֹן, וְהִרְחִק מִמֶּנּוּ עוֹן וְפֶשַׁע, וּבְצַל כְּנָפֶיךָ תִּסְתֵּירֵנוּ, כִּי אֵל שׁוֹמְרֵנוּ וּמַצִּילֵנוּ אַתָּה, כִּי אֵל חַנוּן וְרַחוּם אַתָּה. וּשְׁמֹר צְאֲתָנוּ וּבֹאֲנוּ, לְחַיִּים וּלְשָׁלוֹם, מֵעַתָּה וְעַד עוֹלָם. בְּרוּךְ אַתָּה יְיָ, הַפּוֹרֵשׁ סֶפֶת שְׁלוֹם עָלֵינוּ וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָיִם.

Hashkiveinu Adonai Eloheinu L'Shalom, V'Ha-amideinu Shomreinu L'Chayim, Ufros Aleinu Sukat Sh'lomecha, V'Takneinu B'Eitzah Tovah Milfanecha, V'Hoshi-einu L'maan Sh'mecha. V'hagein Baadeinu, V'haseir Mei-Aleinu Oyeiv, Dever, V'Cherev, V'Raav, V'Yagon, V'Harcheik Mimen Avon Vafesha. Uv'Tzeil K'nafecha Tastireinu, Ki El Shomreinu Umatzlieinu Ata, Ki El Chanun V'Rachum Atah. Ushmor Tzeiteinu Uvo-einu L'Chayim Ul'Shalom Mei-Ata V'ad Olam. Baruch Atah Adonai, Ha-Pores Sukat Shalom Aleinu V'Al Kol Amo Yisrael, V'Al Yerushalyim.

Grant us, Adonai our God, that we may lie down in peace, and raise us up, our Guardian, to life and to peace. Spread over us the shelter of Your peace. Guide us with Your good counsel; for Your Name's sake, be our help. Shield and shelter us beneath the shadow of Your wings. Defend us against enemies, illness, war, famine, and sorrow. Distance us from wrongdoing. For You, God, watch over us and deliver us. For You, God, are gracious and merciful. Guard our going and coming, to life and to peace, evermore. Blessed are You, Adonai our God, Guardian of Israel, whose shelter of peace is spread over us, over all Your people Israel, and over Jerusalem.

Artwork: COMMUNITY Artist: David Ascalon, 2019 Location: Schaefer Family Campus, Living Room Gathering Places Dedicated by: Myrna Skurnick





SHABBAT EVENING SERVICES

V'Shamru – ושמרו

וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרוֹתָם בְּרִית עוֹלָם. בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אֹת הַיּוֹם, כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְפֹשׁ.

V'shamru V'nei Yisrael Et Ha-Shabbat, Laasot Et HaShabbat L'Dorotam B'rit Olam. Beini U'Bein B'nei Yisrael Ot Hi L'Olam, Ki Sheshet Yamim Asah Adonai Et HaShamayim V'Et Haaretz, U'Vayom Hashvi-i Shavat Vayinafash.

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

TEFILAH – תפילה

אֲדַנִּי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ.

Adonai S'fatay Tiftach U-Fi Yagid Tehilatecha.

Adonai, open up my lips, that my mouth may declare your praise.

Avot V'Imahot - אבות ואמהות

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רַבֵּקָה, אֱלֹהֵי רַחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיּוֹן, גּוֹמֵל חַסְדִּים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אֲבוֹת וְאִמּוֹת, וַיִּמְבִּיא גְאוּלָּה לְבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה. מְלַךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן. בָּרוּךְ אַתָּה יְיָ, מְגִן אַבְרָהָם וְעִזְרַת שָׂרָה.

Baruch Atah Adonai, Eloheinu V'elohei Avoteinu V'Imoteinu. Elohei Avraham, Elohei Yitzchak V'Elohei Ya'akov. Elohei Sarah, Elohei Rivkah, Elohei Rachel V'Elohei Leah. Ha-El HaGadol HaGibor V'Ha-Norah El Elyon. Gomer Chasadim Tovim, V'Koneh HaKol V'Zocher Chasdei Avot V'Imahot. U-Meivi G'ulah Li-V'nei V'neihem L'ma-an Sh'mo B'Ahavah. Melech Ozer U'Moshia U'Magen. Baruch Atah Adonai, Magen Avraham V'Ezrat Sarah.





SHABBAT EVENING SERVICES

Blessed are You, Adonai our God, God of our Fathers and Mothers. God of Abraham, God of Sarah, God of Isaac, God of Rebecca, God of Jacob, God of Rachel, and God of Leah; great, mighty, and awesome God, God supreme. Source of all life, Your ways are ways of love. You remember the devotion of our ancestors, and in love bring redemption to their children's children for the sake of Your name. You are our Ruler and our Helper, our Savior and our Shield. Blessed are you, Adonai, shield of Abraham, help of Sarah.

Gevurot – גבורות

אַתָּה גִבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אֶתָּה, רַב לְהוֹשִׁיעַ:
(summer) * מוֹרִיד הַטַּל.

(winter) * מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפְרָר, מִי כְמוֹד בְּעַל גְּבוּרוֹת וּמִי דְּוָמָה לָךְ, מְלַךְ מַמִּית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה: וְנֶאֱמַן אֶתָּה לְהַחְיֹת הַכֹּל.
בְּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל.

Atah Gibor L'Olam Adonai, M'Chayeh HaKol Atah, Rav L'Hoshi-a.

*(summer) * Morid HaTal.*

*(winter) * Mashiv ha-Ruach u-Morid haGashem.*

M'Chalkel Chayim B'Chesed, M'Chayeh HaKol B'Rachamim Rabim, Someich Noflim, V'Rofeh Cholim, U'Matir Asurim, U-M'kayem Emunato, Li-Sheinei Afar, Mi Chamocha Ba'al Gevurot U'Mi Domeh Lach, Melech Meimit U-M'Chayeh U'Matzmiach Yeshuah. V'Ne-eman Atah L'Ha-chayot HaKol.

Baruch Atah Adonai, M'Chayei HaKol.

You are mighty forever, my God, giving life to everything; great is your power to save.

(summer) *You rain dew upon us.

(winter) *You cause the wind to shift and the rain to fall.

God sustains the living with kindness, brings life to all with great mercy, supports the fallen, heals the sick, frees the captive, and keeps faith with those who sleep in the dust. Who is like you, Source of Might, and who may be compared to You, Who ordains the cycle of life and death and is the source of our salvation? Faithfully, You renew life in all. Blessed are You, Adonai, who brings life to all.

* summer – from Passover to Simchat Torah

* winter – from Simchat Torah to Passover





SHABBAT EVENING SERVICES

Kedushat HaShem - קדושת השם

אתה קדוש ושְׁמֶךָ קדוש וקְדוּשִׁים בְּכָל יוֹם יְהִלְלוּךָ, סְלָה.
בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

*Atah Kadosh, V'Shimcha Kadosh, U-K'doshim B'Chol Yom Y'Halelucha, Selah.
Baruch Ata Adonai, HaEl HaKadosh.*

You are holy, Your name is holy, and holy ones praise You every day.
Blessed are You, Adonai, the holy God.

R'tzei

*R'tzei Adonai Eloheinu
b'am'cha Yisrael
u-t'filatam b'ahavah t'kabeil.
U-t'hi l'ratzon tamid avodat Yisrael
Yisrael amecha.
Eil karov l'chol
kor'av p'nei el avadecha v'choneinu,
sh'foch ruchacha aleinu.
V'techechezenah eineinu,
b'shuv'cha l'Tziyon ah... b'rachamim.
Baruch Atah Adonai,
hamachazir shechinato l'Tzion.*

רָצָה יְיָ אֱלֹהֵינוּ
בְּעַמְּךָ יִשְׂרָאֵל
וּתְפִלָּתָם בְּאַהֲבָה תִקְבֹּל.
וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל
יִשְׂרָאֵל עַמְּךָ.
אֵל קָרוֹב לְכָל
קֹרְאָיו פָּנָה אֶל עַבְדֶּיךָ וְחַנּוּנוֹ,
שִׁפּוֹךְ רוּחְךָ עָלֵינוּ.
וּתְחַזְּקֵנָה עֵינֵינוּ
בְּשׁוּבְךָ לְצִיּוֹן בְּרַחֲמִים.
בְּרוּךְ אַתָּה יְיָ
הַמַּחְזִיר שְׁכִינְתּוֹ לְצִיּוֹן.

Find favor, Adonai, our God, with Your people Israel, and accept their prayer in love.
May the worship of Your people Israel always be acceptable.
God who is near to all who call, turn lovingly to Your servants.
Pour out Your spirit upon us.
Let our eyes behold Your loving return to Zion.
Blessed are You, Adonai, whose Presence returns to Zion.



SHABBAT EVENING SERVICES

Modim - מודים

Modim anachnu lach

sh'Atah hu, Adonai Eloheinu

v'elohei avoteinu v'imoteinu, l'olam va'ed.

Tzur chayenu, magen yeshuateinu

ata hu l'dor vador.

V'al kulam yitbarach v'yitromam shimcha,

Malkeinu, tamid l'olam va-ed.

V'chol hachayim yoducha selah,

Viy'hal'lu et shimcha be-emet,

Ha-El y'shuateinu v'ezrateinu selah.

Baruch Atah, Adonai,

Hatov shimcha ul'cha na-eh l'hodot.

מודים אנחנו לך,
שאתה הוא, יי אלהינו
ואלהי אבותינו ואמותנו, לעולם ועד.
צור חיינו, מגן ישענו,
אתה הוא לדור ודור.
ועל כלם יתברך ויתרומם שמך,
מלכנו, תמיד לעולם ועד.
וכל החיים יודוך סלה,
ויהללו את שמך באמת,
האל ישועתנו ועזרתנו סלה,
ברוך אתה יי,
הטוב שמך ולך נאה להודות.

We give thanks to You that you are the Lord our God,

and God of our ancestors forever and ever,

Rock of our lives and Shield of our salvation from generation to generation.

For all these things, O Sovereign, let Your Name be forever praised and blessed.

O God, our Redeemer and Helper, let all who live affirm You and praise Your Name in truth.

Blessed are You, Adonai, Yur Name is Goodness, and You are worthy of thanksgiving.

Shalom Rav – שלום רב

שלום רב על ישראל עמך תשים לעולם, כי אתה הוא מלך אדון לכל השלום. וטוב בעיניך
לברך את עמך ישראל בכל עת ובכל שעה בשלומך. ברוך אתה יי, המברך את עמו ישראל
בשלום.

*Shalom Rav Al Yisrael Amcha Tasim L'Olam. Ki Atah Hu Melech Adon L'Chol HaShalom. V'Tov
B'einecha L'vareich Et Amcha Yisrael B'Chol Eit Uv'Chol Shaah Bish'lomecha. Baruch Atah Adonai,
HaM'vareich Et Amo Yisrael BaShalom.*

Grant abundant peace to Israel Your people forever, for you are the sovereign God of all peace.

May it be pleasing to You to bless Your people Israel in every season and moment with Your
peace. Blessed are You, Adonai, who blesses Your people Israel with peace.

SHABBAT EVENING SERVICES

Elohai N'tzor

Elohai n'tzor l'shoni meira,
Us'fatai midaber mirmah,
v'limkal'lai nafshi tidom,
v'nafshi ke-afar lakol tih'yeh.
P'tach libi... b'Toratecha,
N'tzor l'shoni meira,
Us'fatai midaber mirmah,
v'limkal'lai nafshi tidom,
v'nafshi ke-afar lakol tih'yeh.
Yih'yu l'ratzon imrei fi v'hegyon,
libi l'fanecha,
Adonai tzuri v'goali.

אֱלֹהֵי, נִצּוֹר לְשׁוֹנֵי מִרְעַ
וּשְׁפָתַי מִדַּבֵּר מִרְמָה,
וְלִמְקַלְלֵי נַפְשִׁי תִדָּם,
וְנַפְשִׁי כְּעַפְרָא לְכָל תַּהֲיָה.
פְּתַח לְבָבִי בְּתוֹרַתְךָ,
נִצּוֹר לְשׁוֹנֵי מִרְעַ
וּשְׁפָתַי מִדַּבֵּר מִרְמָה,
וְלִמְקַלְלֵי נַפְשִׁי תִדָּם,
וְנַפְשִׁי כְּעַפְרָא לְכָל תַּהֲיָה.
יְהִיו לְרָצוֹן אֲמָרֵי פִי וְהִגִּיוֹן,
לְבָבִי לְפָנֶיךָ,
יְי צוּרִי וְגוֹאֲלִי.

My God, guard my speech from evil and my lips from deception. Before those who slander me, I will hold my tongue; I will practice humility. Open my heart to Your Torah, that I may pursue Your mitzvot. As for all who think evil of me, cancel their designs and frustrate their schemes. Act for Your own sake, for the sake of Your Power, for the sake of Your Holiness, for the sake of Your Torah, so that Your loved ones may be rescued. Save with Your power, and answer me.

Yih'yu L'Ratzon - יהיו לרצון

יְהִיו לְרָצוֹן אֲמָרֵי פִי וְהִגִּיוֹן לְבָבִי לְפָנֶיךָ, יְי צוּרִי וְגוֹאֲלִי.

Yih'yu L'Ratzon Imrei Fi V'Hegyon Libi L'fanecha, Adona Tzuri V'Goali.

May the words of my mouth and the meditations of my heart be acceptable to You, Adonai, my Rock and my Redeemer.

Oseh Shalom - עושה שלום

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Oseh Shalom Bimromav Hu Ya-aseh Shalom, Aleinu V'Al Kol Yisrael V'Imru Amen.

May the One who makes peace in the High Heavens, make peace for us and for all Israel.
And say, Amen.

SHABBAT EVENING SERVICES

TORAH SERVICE - סדר קריאת התורה

כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה, וּדְבַר יְיָ מִירוּשָׁלַיִם.

Ki MiTziyon Teitzei Torah, Ud'var Adonai MiY'rushalayim.

For from out of Zion will come the Torah, and the word of Adonai from Jerusalem.

בְּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ.

Baruch Shenatan Torah L'Amo Yisrael Bik'dushato

Blessed is God who in holiness gave the Torah to the people Israel.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.

HEAR O ISRAEL: ADONAI IS OUR GOD, ADONAI IS ONE!

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדֹנֵינוּ, קְדוֹשׁ שְׁמוֹ.

Echad Eloheinu, Gadol Adoneinu, Kadosh Sh'mo.

OUR GOD IS ONE; OUR LORD IS GREAT; HOLY IS GOD'S NAME.

לָךְ יְיָ הַגְּדֻלָּה וְהַגְּבוּרָה וְהַתְּפָאֶרֶת וְהַנְּצַח וְהַהוֹד, כִּי כָל בְּשָׁמַיִם וּבָאָרֶץ, לָךְ יְיָ הַמְּמֹלָכָה
וְהַמְּתִנְשֵׂא לְכָל לְרֵאשׁ.

*L'cha Adonai HaGedulah V'HaGevurah V'HaTiferet V'HaNetzach V'HaHod, Ki Chol BaShamayim
U-Va'aretz, L'Cha Adonai HaMamlacha V'HaMitnasei L'Chol L'Rosh.*

Yours, Adonai, is the greatness, might, splendor, triumph, and majesty – yes, all that is in heaven and on earth. To You, Adonai, belong sovereignty and preeminence above all.

SHABBAT EVENING SERVICES

TORAH BLESSINGS - ברכות התורה

BLESSING BEFORE THE READING OF THE TORAH

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.
בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.
בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.
בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Bar'chu et Adonai ham'vorach.

Baruch Adonai ham'vorach l'olam va-ed.

Baruch Atah Adonai Eloheinu Melech HaOlam, Asher Bachar Banu Mikol HaAmim, V'Natan Lanu Et Torato. Baruch Atah Adonai, Notein HaTorah.

Bless Adonai, The Blessed One.

Blessed is Adonai, The Blessed One, for ever and ever.

Blessed are You, Adonai our God, Sovereign of the universe, who has chosen us from among the peoples, and given us the Torah.

Blessed are You, Adonai, who gives the Torah.

BLESSING AFTER THE READING OF THE TORAH

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.
בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Baruch Atah Adonai Eloheinu Melech HaOlam, Asher Natan Lanu Torat Emet, V'Chayei Olam Nata B'Tocheinu. Baruch Atah, Adonai, Notein HaTorah.

Blessed are You, Adonai our God, Sovereign of the universe, who has given us a Torah of truth, implanting within us eternal life.

Blessed are You, Adonai, who gives the Torah.



SHABBAT EVENING SERVICES

V'Zot ha-Torah – וזאת התורה

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לִפְנֵי בְנֵי יִשְׂרָאֵל, עַל פִּי יְיָ בְיַד מֹשֶׁה.

V'zot HaTorah Asher Sam Moshe Lifnei B'nei Yisrael Al Pi Adonai B'Yad Moshe.

This is the Torah which Moses placed before the people of Israel, God's word through the hand of Moses.

Eitz Chayim – עץ חיים

עֵץ חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתִמְכֶּיָהּ מְאֹד. דַּרְכֶּיהָ דַּרְכֵי נֹעַם, וְכָל נִתְיֹבֹתֶיהָ שְׁלוֹם.

Eitz Chayim Hi LaMachazikim Bah, V'Tom'checha M'ushar. D'rachehah Darchei No-am, V'Chol N'tivotecha Shalom.

It is a tree of life for those who hold fast to it, and all its supporters are happy. Its ways are ways of pleasantness and all its paths are peace.

REFUAH – רפואה

*Mi Shebeirach Imoteinu
M'kor HaBracha L'Avoteinu
Bless those in need of healing
With Refuah Sh'leima
The renewal of body,
The renewal of spirit,
And let us say, Amen.*





SHABBAT EVENING SERVICES

עלינו - ALEINU

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹּא עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת, וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שֶׁלֹּא שָׁם חִלְקֵנוּ כָּהֶם, וְגָרְלָנוּ כְּכֹל הַמוֹנָם.

Aleinu L'Shabei-ach La-Adon HaKol, Latet G'dulah L'Yotzer B'reishit, She-lo Asanu K'Goyei Ha'Aratzot, V'Lo Samanu K'Mishp'chot Ha'Adamah, She-lo Sam Chelkeinu Ka-Hem V'Goraleinu K'Chol HaMonam.

We must praise the Sovereign of all, the Maker of heaven and earth, who has set us apart from the other families of earth, giving us a destiny unique among the nations.

וְאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לְפָנֵי מֶלֶךְ, מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא.

Va-Anachnu Kor'im U'Mishtachavim U'Modim, Lifnei Melech Malchei Hamlachim, HaKadosh Baruch Hu.

We therefore bow in awe and thanksgiving before the Ruler of Rulers, The Holy One of Blessing.

וְנֹאמַר, יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ, בַּיּוֹם הַהוּא יְהִי יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

V'Ne-emar, V'Hayah Adonai L'Melech Al Kol Ha-Aretz, Bayom HaHu Yihyeh Adonai Echad, U-Sh'mo Echad.

And it is said: Adonai will be the Ruler over all the world -- on that day Adonai will be one and God's name will be one.



SHABBAT EVENING SERVICES

Kaddish - קדיש יתום

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֲלָמָא דִּי בְּרָא כְרַעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיֵּינוּ
וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֲגָלָא וּבְזִמְנוֹ קָרִיב וְאָמְרוּ: אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמִים וְלְעָלְמֵי עָלְמֵיָא.
יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקֻדְשָׁא
בְּרִיךְ הוּא לְעָלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחַתָּא וְנַחֲמַתָּא, דְאָמְרִין בְּעֲלָמָא,
וְאָמְרוּ: אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

*Yitgadal V'Yitkadash Sh'mei Raba. B'Alma Di-V'ra Chirutei V'Yamlich Malchutei B'Chayeichon U-
V'Yomeichon U-V'Chayei D'Chol-Beit Yisrael, Ba-agala U-Vi-z'man Kariv V'Imru Amen.*

Y'Hei Sh'mei Raba M'Vorach L'Alam U-L'Almei Almaya.

*Yitbarach V'Yishtabach V'Yitpa-ar V'Yitromam V'Yitnasei, V'Yithadar V'Yitaleh V'Yithalal Sh'mei
D'Kud-sha B'rich Hu. L'Eila Min Kol Birchata V'Shirata, Tushb'chata V'Nechemata Da-Amiran B'Alma
V'Imru Amen.*

Y'Hei Sh'lama Raba Min Sh'maya V'Chayim Aleinu V'Al Kol Yisrael V'Imru Amen.

Oseh Shalom Bimromav Hu Ya-aseh Shalom, Aleinu V'Al Kol Yisrael V'Imru Amen.

Exalted and hallowed be God's great name in the world which God created, according to plan.
May God's majesty be revealed in the days of our lifetime and the life of all Israel -- speedily,
imminently, to which we say Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the
Holy Blessed One, beyond all earthly words and songs of blessings, praise and comfort.

To which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel.

To which we say Amen.

May the One who makes peace in the High Heavens, make peace for us and for all Israel.

And say, Amen.

Oseh Shalom - עושה שלום

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Oseh Shalom Bimromav Hu Ya-aseh Shalom, Aleinu V'Al Kol Yisrael V'Imru Amen.

May the One who makes peace in the High Heavens, make peace for us and for all Israel.

And say, Amen.



SHABBAT EVENING SERVICES

Temple
Beth El

HAMOTZI - המוציא

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch Atah, Adonai Eloheinu, Melech haOlam, HaMotzi Lechem Min HaAretz.

Our praise to You, Adonai our God, Sovereign of the universe,
who brings forth bread from the earth.

SHABBAT SHALOM!

שבת שלום!

OUR CLERGY:

Rabbi Daniel Levin

Rabbi Greg Weisman

Rabbi Laila Haas

Rabbi Ashira Boxman

Cantor Lori Brock

Senior Cantorial Associate Michelle Auslander Cohen

Cantor Jake Harris

Rabbi Merle E. Singer, *Rabbi Emeritus*

Rabbi Amy Grossblatt Pessah, *Adjunct Rabbi*